

Citizens Advice Kensington's Last Rights Project

Death and dying are issues many people prefer not to think about. As a result, plans are delayed or never made, leaving friends and relatives to guess (and disagree about) what the dying or deceased person would have chosen. This can cause distress as well as unnecessary expense. Planning and preparation frees people to focus on what matters most.

Aims of the project:

- To help people face the end-of-life choices and decisions available.
- To offer workshops on end-of-life planning.
- To offer individual support to people who want help making end-of-life plans.

What End of Life Planning covers:

- Funeral planning
- Will writing
- Power of Attorney
- Advance Care Plans
- Organ/tissue donation

For further information please contact the Last Rights Project team using Research@Kensingtoncab.org.uk